

# Rockclimbing

**Feel the adrenaline rushing through your body and push yourself to the limit...**

Rock climbing in Boquete is gradually growing in popularity as more people discover the great climbing spots in the surrounding areas. Just a short drive outside of Boquete, you will discover beautiful and unique climbing opportunities like Los Ladrillos, Gunko or others. There are several different climbing routes up the rock face that you can choose from, based on your skill level and the amount of challenge that you would like. Don't worry if you're a beginner: Enjoy the comfort of a professional safety briefing and guidance. Experienced climbers have 3 hours to climb any of the routes on the rock face. A very rewarding physical and mental challenge!

