

# Whitewater Rafting

**Experience adrenaline-filled world-class white water rafting in Panama, down the famous Chiriquí Viejo river!**

Thrill as you paddle into the Panama Jungle and down the Cat III+ rapids enjoying both an adrenaline filled ride as well as the jungle wildlife dotted along the shores of this majestic river. Your guides will be taking photos for you as you paddle the river. So why not try a day rafting in Panama where the whitewater meet the lush green jungle!

## **Includes:**

- Experienced Bilingual Guides
- Equipment: Helmets, Life Jackets, Water Shoes
- Lunch and Drinks
- Roundtrip Transport
- Duration: approx. 8 hours (including transport)

## **Don't forget to bring:**

- clothes for changing afterwards
- water
- passport

This tour does not take place every day, it depends whether the dams are being opened or not. Your first time rafting? No problem, the guides pick routes along the river to match any skill level of paddler. Children enjoy this tour as well as seniors.

