

# Hotsprings

“Los pozos termales de Caldera ” are natural hotsprings located next to Caldera, a small town between Boquete and David. All water holes are located under trees and spread out vegetation. The temperatures in each hot water hole range from 38°C - 46°C. What travelers most like about this hot water site is that it is totally uncrowded. Most of the times, you'll have all four pools for yourself. This is the perfect option to relax your muscles after hiking or to chill out. If it rains, you should not worry. Being inside a hot water hole while its pouring is one of the nicest sensations you can experience. Don't miss to refresh at the beautiful river close by!

## Don't forget to bring:

- Water
- Sunblock
- Swimsuit
- Dry clothes

